

Perinatal Palliative Care

Supportive care for families
with prenatal life-threatening
or life-limiting conditions.



The pain and uncertainty of learning your baby may be born with potentially life-threatening or life-limiting medical problems is overwhelming.

Perinatal palliative care provides physical, emotional, and spiritual support for families during this difficult time. Our team is by your side as much or as little as is needed, from the time of diagnosis and throughout the course of care.

What can you expect from perinatal palliative care?

Like all parents, you want your baby's life to be filled with love. We want that for you and your baby too. Perinatal palliative care supports families by:

- Providing support from the time of diagnosis and throughout the life of the baby
- Assisting in the creation of a birth plan, stating wishes for pregnancy, labor, birth, and beyond
- Helping to get answers to questions
- Capturing precious moments of the journey and baby's time here through remembrance mementos
- Connecting you with a knowledgeable perinatal bereavement nurse who walks alongside you during this stressful time
- Coordinating spiritual needs or requests, if desired

**For more information, please contact
Kelsey Terland, M.D. at 907-212-7997 or
kelsey.terland@providence.org.**

Palliative Care

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ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (TTY: 711).

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 888-311-9127 (TTY: 711).