## "Journey" Resource Center

Services provided by the interdisciplinary bereavement support team:

- Assessment of individual needs by bereavement support staff (includes nursing, chaplaincy services, and social services)
- Individual funeral and memorial service planning for stillbirth and neonatal death through parents' choice of funeral home. These are obtained free or at low cost.
- Collective burial of fetal remains in early pregnancy losses (less than twenty weeks gestation) held monthly at Calvary Cemetery. This includes casket, flowers, SVHS chaplain, music, and keepsakes.
- Photographs, Memory Box, certificates of birth, baptism, and/or blessing
- Patient education materials and appropriate literature packet, including the book, "*Mommy, Please Don't Cry*" by local author Linda DeYmaz.
- Patient choices of post- partum room (maternity or gyn), decisions about care (whether to hold, see, dress infant), and choosing family participation.
- Separate quiet room for families and consultation
- "Journey" monthly support group
- Annual Memorial Service with candle lighting and naming ceremonies
- Guidance in completing- and compliance with- state mandated forms related to loss
- Follow-up care for at least a year with cards, phone calls, or office visits with the loss coordinator.
- Referrals for complicated grief, coordinated with patient's obstetrician.
- Sibling support with regard to developmental age (done with parent participation)
- Lending library of books and videos on related topics
- 24 hour availability of trained support staff
- Dealing with anxiety/fears when planning a subsequent pregnancy
- Staff support and education
- Community awareness through media and arranged seminars
- Scrapbook club for memory making and fellowship
- Perinatal Hospice

The St. Vincent Journey Bereavement Program is funded by the St. Vincent Foundation through grants, donations, and memorial tributes. There is no charge to any patient for these services.

For more information or for assistance, please contact:

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